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Cutting the Engine on Victory Lane Ministry minded pastors need to sit back and relax

LONGWOOD, FL—For those of you on the fast track to success in your churches and congregations, author Mae D. Williams has a few words of advice: slow down. Enjoy the ride. Engage in spiritual introspection every now and then. ***Becoming: Meditations for the Ministry Minded*** (paperback, 1-60034-544-1) offers an impassioned plea for ministers to stay intimately connected to God even during their busiest and most trying times.

"I wish to encourage ministers to slow down and spend time in the presence of God for their own spiritually uplifting experience," says Williams, "and so they can go on ministering from the heart of God. Instead of condemning ministers, the book admits our human frailties, encouraging us not to give up the ministry, nor to forget our own need for God for the sake of the people. Instead it invites us to bask in the loving arms of our heavenly Father, reaffirming our relationship with Him and walking in that love."

Becoming is chock-full of Williams's nuggets of wisdom, drawn from her personal experience and biblical reflections. Beginning with short narratives and poetry, the book presents aspects of our lives as Christians, interspersed with prayers for knowledge of the depth of God's love for His ministers. Themes such as self-talk, spiritual comfort zones, preparation for launch, and mind pain are just a few of the issues offered up in the manual.

Ordained as a minister in 1994, Mae D. Williams earned a doctorate in special education from the University of Connecticut and is presently an assistant professor of special education at Saint Joseph College in Connecticut. She lives in Bloomfield, Connecticut, with her husband and three daughters.

Xulon Press is the world's largest Christian publisher, with more than 2,700 titles published to date. Retailers may order ***Becoming*** through Ingram Book Company and/or Spring Arbor Book Distributors.